

# Reflections of Consilience

#71 12/14/2005

*All things are possible NOW*

## GO INSIDE

As you remember, every cell has a heart. To "come from the heart" is an invitation to come from – be in – every cell of the body!

## EVOLUTION

Those handling Debra Harrison's estate, have made it known to many, it is their decision to close the book on Consegrity as it was known. We assure you this is just a new chapter in the evolution of Consegrity which is now called **Energy Mirrors**. In their attempt to shut it down, and our DESIRE to move forward we offer Mary's Statement below.

## FROM THE HEART of MARY AND DEB

Dear consegrity family—I would like to apologize to you on behalf of Debra and myself for any inconvenience caused by her family's / estate's demand to stop using the name consegrity, materials etc. Their goal is to stop the process of consegrity moving forward---what they have not figured out is the essence of consegrity was lost when they confiscated and held it for ransom. However, you have paid good money, time, energy and expenses to have the rights and privileges for its use now and in the future. Please ask them to remove their e-mail threat and similar message on the Consegrity.com website and replace it with an apology to prevent further harm or ask for your money back. If neither is forthcoming I encourage you

to do whatever keeps you from being a victim, bless them, or do whatever works for you.

Consegrity was a 'made-up' word to describe the essence of a technique. It has only the meaning you give it. I for one will continue to use it with those clients who have experienced it.

However, as you know, Consegrity represents an idea that is constantly evolving. I believe that it has evolved into a more precise term 'Energy Mirrors'. As we have moved forward with the precession of the equinox, our willingness and ability to listen to the 'consilience' of the client's quantum field requires that we move to this more precise paradigm. And though I have the utmost respect for the tool 'consegrity' and will use the name in reference and with respect I have chosen to embrace 'Energy Mirrors', as consegrity held hostage can no longer serve me.

New 'Energy Mirroring' classes are now available. They will integrate older referenced material. Upgrades will be supplied as a part of the ongoing update process. In a search for clarity, the data written by thousands of clients that appeared as your 'manual' will be upgraded to its new format as needed. Your decision to reference by the name of consegrity will always be your choice. I have embraced the present moment using the 'Energy Mirror' perspective which serves me. Choose what serves you---I will be here for you whatever you choose. Consegrity as a

concept has evolved and it is yours to treasure in the future as 'Energy Mirrors' allow us to evolve with the precession of the equinox.

I would like to thank all of you for the support you have shown Deb and I through the years---we are both still here for you. Check in!!!! Finally I would like to thank all the staff of Consegrity and EMTC and Consegrity, Inc. who resigned their positions in protest and have joined us in this new venture 'ENERGY MIRRORS'. We all look forward to serving you in your journey to consciousness.

Go fearlessly forward  
embracing what works  
in Awareness, Attention,  
All ways.

***The dream does truly  
continue.***

mary and deb

\* \* \*

**THE NEW WEBSITE!**

*CHECK IT OUT!!!*

[www.energymirrors.com](http://www.energymirrors.com)

Be sure to explore the website often... Our "newsletter" will often feature additions to the class schedule and other pieces of info shared on the website. But don't wait until it comes out...check out the website in the space between the words! Our thanks and gratitude to Janet Hod for her willingness to step up to the plate and get this website on line for everyone.

**NEW CLASSES JUST ADDED:**

Toronto, ON; Stafford Springs, CT; Nanaimo, B.C.; Flushing, NY; Baltimore, MD; Wichita, KS. JANUARY THROUGH APRIL-- 13 WEEKS OUT OF 18! (That's quite a schedule, Mary!)

**With gratitude, Mary and Deb, for your passion in sharing this tool of "Energy Mirrors" and for supporting each of us. —consciousness— in such a dynamic and alive way.**

SEE YOU IN CLASS, EH?!!!

## BUILDING CLASSES

I am willing to do the organization and planning for Consegriety / Energy Mirroring Class(es) here in Williamsburg, VA. We have a wonderful place to hold the class(es), plus many in our "Consegriety Community" are willing to open their homes to new students. We also have a wonderful assortment of timeshares in Williamsburg, which will give students an opportunity to share a timeshare with others for a very reasonable amount. If anyone is interested in attending a class in the Williamsburg, VA area, please contact Ginger Wilkin at [GingerSWilkin@aol.com](mailto:GingerSWilkin@aol.com).

**Please note:** the advanced workshop originally scheduled for Toronto has been postponed until further notice.

## CONGRATS!

Celebrating the December 5<sup>th</sup> birth of Maya Soleil to proud parents Paul and Jen Larmer and big sister Julia !

## QUOTABLE QUOTES

"Open To Trust"

"When I grip the wheel too tight, I find I lose control."

-- Steve Rapson

WE SEEK TO CONTROL OUR LIVES WHEN WE DO NOT TRUST, WHEN WE DO NOT LOVE. Our ego, perceiving itself to be vulnerable and insecure, uses control in an effort to protect itself.

At the root of our need to control, we find FEAR. It may be fear of the unknown. Fear of not coping. Fear of loss. Or possibly even fear of looking stupid. And as our efforts to control other people and events invariably fail, our fear increases.

Trust, on the other hand, is a quality of the soul. While control is a tool of the mind,

## TRUST AND FAITH ARE ASPECTS OF THE HEART.

Trust comes with the deep knowing **"We are not human beings having a spiritual experience; we are spiritual beings having a human experience."** ~ Pierre Teilhard de Chardin

When we trust enough in life to give up our need to control, we can relax and open to the flow of energy in our lives. This brings peace of mind.

"The only real security in life lies in relishing life's insecurity."

-- M. Scott Peck

"Do not abandon trust when your ego thinks things should be different than they are."

--Wayne Dyer

(section from daily guru...higher awareness)

## FRAME SUGGESTIONS

- \* Clear all non consciousness from NCIS and NCNPI
- \* Clear all mind
- \* Clear all addictions

\* Clear all that keeps me from being 100% in third dimension.

## ADDICTIONS

"But I don't have any addictions'. We all have many – hundreds, perhaps even thousands and more. Eg. Addictions to stress, TV, internet, shopping, talking, drama, reaction, talking cleaning, routines, eating, frustration anger, control, procrastination, roles (such as husband, wife, invalid, survivor); being sick, needed, late, helpful, dependent, aloof ,alone; operating from being separate, not inherently good, not enough, judgment; having pain, pouting or acting like a child when things don't go your way, zoning out, talking or listening to music when exercising, .....

"Mmm...okay maybe I do have a few addictions..."

## WALK IN AWARENESS

You are the light of Presence, the awareness that is prior to and deeper than any thoughts and emotions. -E. Tolle

**"Presence...  
..it's an inside job."**

- Mary

## PUBLICATION / CONTRIBUTION DATES

Publication dates: every 2<sup>nd</sup> Thursday. Contribution deadline is Tuesday prior. Next publication date: Thurs., **December 29; Contribution deadline: Tues., December 27.**

Submit content, suggestions or questions/problems to:

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